# Failure of the school project: the role of social, material, behavioural, physical and mental resources among multi-cultural students 

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## Background \& objectives

- Youth situation requires social-material-behavioral-mental resources to realize school achievement and social participation
(Stecker, Med Educ 2004; Baumann et al., BMC Psychiatry 2011).
- These are lacking or altered for many adolescents.
- With increasing migration into/within an already culturally diverse EU, school is a multi-cultural setting.
- The roles of social-material-behavioral-mental resources may be exacerbated among European and non-European immigrants, compared with Frenchs.


## Objectives:

- To study the associations between nationality (European and nonEuropean immigrant students vs. French counterparts) and:
- repeating a school-year,
- low-summer-term school performance (<10/20),
- and quitting-school thinking at 16 years.
and the roles in explaining these associations of socioeconomic, health related, behavioural, and violence factors.


## Population

- Students from three middle-school from the Nancy urban area (410,000 inhabitants, Capital of Lorraine region ( 2.34 millions inhabitants in northeastern France) :
- 63 classes, 1666 subjects
- Participation rate: 94\%
- Sample retained for analysis: 1559 subjects
- Self-administered questionnaire measuring socioeconomic, health related, behavioural, and violence factors.
- Study approved by the regional education authority and the national review board.


## social, material, behavioural, physical and mental resources

Socioeconomic characteristics: sex, age, family structure, parental education, father's occupation, and family income:
-Family structure

- Intact
- Reconstructed
- Parents divorced/separated
- Single parent
- Others
-Family income:
- Comfortable
- Well off
-Earning just enough
${ }^{\bullet}$ Coping but with difficulties
- Getting into debt
- Father's occupation:
- Manager \& professional
- Craftsman, tradesman, head of firm
- Intermediate professional
- Clerk
- Manual worker
- Other actives
- Unemployed/inactive


## social, material, behavioural, physical and mental resources

- WHOQoL measuring:
(Skevington et al., Qual Life Res 2004).
- General health (1 item)
- Physical heath (7 items)
- Psychological health (6 items)
- Social relationships (3 items)
- Environment (8 items)

Score defined as the sum of items - range: 0 to 100 (best value)
Cutoff value used: <25th percentile value

## Unhealthy behaviours, violence, suicidai ideation, and social supports

- Unhealthy behaviours:
- Last-month use (None=1, 1-5 times=2, 6+=3):
- Tobacco
- Alcohol
- Cannabis use
- Hard drugs
- Lack of regular sports/physical activities
(last-year, at school \& elsewhere)
- Victim of violence (lifetime),
- Victim of sexual abuse (lifetime),
- Involvement in violence (lifetime),
- Suicidal ideation (lifetime).


## Statistical analysis

The data were analyzed using logistic models. Three models were used to assess the associations between school difficulties and nationality:

- Model 1: Computed the odds ratios adjusted for gender and age (ORga)
- Model 2: with further adjustment for socioeconomic characteristics (OR2)
- Model 3: With further adjustment for health related, behavioural, and violence factors (OR3)

Contribution (\%) = Reduction in OR computed with the following formula:
(ORga - ORi)/(ORga - 1) (calculated for ORga significant only).

## Results

Figure 1. Prevalence of school difficulties according to nationality


| Repeating a school-year |  |
| :--- | :--- |
| Quitting-school thinking at 16 years | $\square$ Low school performance (<10/20) |

The differences were significant with $p<0.001$ for repeating a school-year and low school performance, and with $p=0.014$ for quitting-school thinking

## Results

Table 1. Associations between nationality and socioeconomic factors: \% or mean (SD)

|  | French | European immigrants | NonEuropean immigrants | $p$-value |
| :---: | :---: | :---: | :---: | :---: |
| Number of subjects | 1,451 | 54 | 54 |  |
| Boys | 50.0 | 44.4 | 51.8 | NS |
| Age : Mean (SD) (yr) | 13.0 (1.3) | 12.8 (1.1) | 13.4 (1.7) | NS |
| Family structure |  |  |  | <0.01 |
| Intact | 63.8 | 57.4 | 46.3 |  |
| Reconstructed | 14.5 | 25.9 | 13.0 |  |
| Parents divorced or separated | 10.2 | 9.3 | 13.0 |  |
| Single parent | 6.3 | 5.6 | 13.0 |  |
| Others | 5.2 | 1.8 | 14.8 |  |
| Father's occupation |  |  |  | <0.001 |
| Managers and professionals | 29.1 | 18.5 | 13.0 |  |
| Craftsmen, tradesmen, and firm heads | 19.9 | 24.1 | 22.2 |  |
| Intermediate professionals | 10.4 | 3.7 | 5.6 |  |
| Service workers/clerks | 9.2 | 5.6 | 13.0 |  |
| Manual workers | 17.0 | 29.6 | 20.4 |  |
| Other occupations | 7.5 | 9.3 | 3.7 |  |
| Inactive people | 6.9 | 9.3 | 22.2 |  |
| Insufficient income | 16.9 | 25.9 | 31.5 | <0.01 |

## Results

Table 2. Associations between nationality and unhealthy behaviours: \%

|  | French | European <br> immigrants | Non- <br> European <br> immigrants | p-value |
| :--- | :---: | :---: | :---: | :---: |
| Unhealthy behaviours |  |  |  |  |
| Last-30-day substance use |  |  |  |  |
| Tobacco | 10.5 | 16.7 | 24.1 | $<0.01$ |
| Alcohol | 35.6 | 31.5 | 29.6 | NS |
| Cannabis | 5.1 | 9.3 | 14.8 | $<0.01$ |
| Other illicit drugs | 2.3 | 7.4 | 11.1 | $<0.001$ |
| Age at initiation for users: Mean (SD) (yr) |  |  |  |  |
| Tobacco | $12.1(2.0)$ | $11.6(1.6)$ | $10.8(2.9)$ | $<0.05$ |
| Alcohol | $10.7(2.2)$ | $10.6(2.3)$ | $10.1(3.0)$ | NS |
| Cannabis | $12.9(1.7)$ | $12.8(1.3)$ | $10.7(3.7)$ | $<0.01$ |
| Other illicit drugs | $12.4(2.6)$ | $12.7(1.6)$ | $11.0(3.5)$ | NS |
| Lack regular sports/physical activity | 11.4 | 14.8 | 16.7 | NS |

## Results

Table 3. Associations between nationality and health related factors and violences: \%

|  | French | European <br> immigrants | Non- <br> European <br> immigrants | p-value |
| :--- | :---: | :---: | :---: | :---: |
| WHOQoL-Brèf (<25 ${ }^{\text {th }}$ percentile value) |  |  |  |  |
| Physical | 21.7 | 35.2 | 50.0 | $<0.001$ |
| Psychological | 26.1 | 35.2 | 42.6 | $<0.01$ |
| Social relationships | 25.6 | 25.9 | 53.7 | $<0.001$ |
| Environment | 23.6 | 37.0 | 53.7 | $<0.001$ |
| Violences |  |  |  |  |
| Victim of violence |  |  |  |  |
| Victim of sexual abuse | 21.7 | 35.2 | 50.0 | $<0.001$ |
| Involvement in violence | 26.1 | 35.2 | 42.6 | $<0.01$ |
| Suicidal ideation | 25.6 | 25.9 | 53.7 | $<0.001$ |
|  | 23.6 | 37.0 | 53.7 | $<0.001$ |

## Results

## Table 4. Reliability of WHOQoL- Bref

|  | Mean (SD) | Range | Minimum | Maximum | $\alpha r$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Physical health | 76,3 (15,5) | 0-100 | 0 | 5.2 | 0,72 |
|  | 0,81 |  |  |  |  |
| Psychological health | 62,8(19,3) | 0-100 | 0.2 | 1.3 | 0,70 |
|  | 0,82 |  |  |  |  |
| Social relationships | 78,0 (21,1) | 0-100 | 1.0 | 29.1 | 0,62 |
|  | 0,78 |  |  |  |  |
| Environment | 75,4 (17,8) | 0-100 | 0.3 | 9,2 | 0,78 |
|  | 0,83 |  |  |  |  |
| Global score ${ }^{\text {a }}$ | 73,1 (14,9) | 0-100 | 0 | 0.3 | 0,89 |
| $\alpha$ : Cronbach $\alpha$ for each domain |  |  |  |  |  |
| $r$ : Pearson correlation coefficient between each domain and the global score${ }^{\text {a }}$ For all items of the 4 domains together. |  |  |  |  |  |

## Results

Table 5. Associations between nationality and school absenteeism: \%

|  | French | European immigrants | NonEuropean immigrants | p-value |
| :---: | :---: | :---: | :---: | :---: |
| School absenteeism |  |  |  |  |
| Heath problems | 79.1 | 79.6 | 74.1 | NS |
| Vacation | 5.3 | 7.4 | 13.0 | $<0.05$ |
| Family problems | 9.0 | 20.4 | 14.8 | <0.01 |
| Skipping school | 5.6 | 11.1 | 22.2 | <0.001 |
| Others | 11.8 | 6.3 | 27.8 | <0.01 |
| Number of days during the school year |  |  |  | <0.01 |
| 0 | 11.6 | 7.4 | 5.6 |  |
| 1-7 | 70.7 | 61.1 | 64.8 |  |
| 8-14 | 12.3 | 18.5 | 14.8 |  |
| > 14 | 5.4 | 13.0 | 14.9 |  |
| School absenteeism |  |  |  |  |
| Heath problems | 79.1 | 79.6 | 74.1 | NS |
| Vacation | 5.3 | 7.4 | 13.0 | <0.05 |
| Family problems | 9.0 | 20.4 | 14.8 | <0.01 |
| Skipping school | 5.6 | 11.1 | 22.2 | <0.001 |
| Others | 11.8 | 6.3 | 27.8 | <0.01 |

## Findings

Thable 6. Assoclations between school difflcultles and nationallty, and contrlbutlons of socloeconomic factors: odds ratlo and $95 \% \mathrm{Cl}$

|  | European <br> Immigrants | $\%$ |  | Non-European <br> Immigrants | $\%$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |

${ }^{*} p<0,05,{ }^{* *} p<0,01,{ }^{* * *} p<0,001$.
\%: Contribution of socloeconomic factors for slgniflcant ORga.

## Findings

Table 7. Assoclations between school difflcultles and nationallty, and contributlons of health related, unhealthy behavloural, and vlolence factors: odds ratlo and $95 \% \mathrm{Cl}$

| European | Non-European |  |
| :--- | :--- | :--- |
| Immigrants | $\%$ | Immlgrants |

With further adjustment for health related, behavloural, and vlolence factors

| Repeating a school-year | 1,82 | $0,86-3,85$ | 43 | 1,80 | $0,87-3,73$ | 65 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Low-school-performance | 0,80 | $0,29-2,20$ | - | 1,65 | $0,68-3,63$ | 73 |
| Qultting-school-thinking | 1,61 | $0,41-6,62$ | - | 1,41 | $0,44-4,65$ | 83 |

\%: Contribution of covarlates

## Conclusion

- Immigrant students have substantially higher school difficulties depending on their origin:
- European immigrants: Repeating a school-year
- Non-European immigrants: Repeating a school-year, low-school-performance, Quitting-school-thinking
- Contributions of socioeconomic factors:
- European immigrants: 17\%
- Non-European immigrants: 38-40\%
- Contributions of health related, behavioral, and violence factors:
- European immigrants: 43\%
- Non-European immigrants: 65\% to 83\%


## Conclusion

Public policy for improving school achievement should focus on:

- improvement of environment, living conditions, well-being,
- monitoring physical and mental health and unhealthy behaviours,
- services to reduce school difficulties.
- Re-engaging disconnected students requires interventions to promote the positive perception of learning and learning environment, motivation, and benefit in later life.


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